



# RED CABBAGE TEST

## — SOIL TESTING IS KEY —

MOST OF US ARE NOT TAUGHT TO TEST OUR SOIL. WE PUT PRODUCT DOWN BASED ON A MANUFACTURER'S RECOMMENDATION—AND IT DOESN'T OCCUR TO US TO THINK ANY DIFFERENTLY. THE APPROPRIATE WAY TO FERTILIZE GRASS THOUGH IS TO TAKE AN INITIAL SOIL TEST. THAT SOIL TEST WILL TELL US WHAT IS GOING ON IN THE SOIL AND WHAT WE MIGHT NEED TO DO TO CORRECTLY BALANCE IT FOR THE BEST HEALTH OF THE GRASS AND THE LIFE IN THE SOILS.



1. POUR 2 CUPS OF DISTILLED WATER INTO A SAUCEPAN
2. CUT UP AND ADD 1 CUP OF RED CABBAGE TO SAUCEPAN

3. SIMMER FOR 5 MINUTES, REMOVE FROM HEAT & LET SIT FOR APPROX 30 MINUTES

4. STRAIN THE WATER WHICH SHOULD BE A PURPLE/ BLUE COLOR & HAVE A NEUTRAL PH
5. MIX SOIL & CABBAGE WATER & WAIT FOR THE WATER TO SETTLE

IF THE WATER TURNS PINK, YOUR SOIL IS ACIDIC, IF IT TURNS BLUE, IT IS ALKALINE, AND IF IT STAYS A PURPLE/BLUE COLOR IT IS NEUTRAL, WHICH IS IDEAL FOR YOUR LAWN AND MANY PLANTS

**+** IF YOUR SOIL IS ACIDIC, ADDING LIME OR WOOD ASH WILL HELP RAISE ITS PH



**—** IF YOUR SOIL IS ALKALINE, ADDING COMPOST CAN HELP REDUCE PH